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**MAKING MOVES – MAKING NEWS**  
**March 2018 Monthly Movement**

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**Making Moves Dance Collective**

5640 Sunnyside Avenue, Suite E, Beltsville, MD 20705

[www.makingmovesdc.org](http://www.makingmovesdc.org); 301-220-1500



Here are some ideas from an online dance blog. Consider stocking up for the next competition or even for those long Saturdays at the studio.

\*These are merely suggestions copied and pasted from an online blog. Please keep in mind we do have students with severe peanut allergies enrolled at MMDC. Use Google to find nut alternatives.

**Fruits & Veggies**

Grapes, Frozen Grapes (with or without a little sugar added to the bag), Banana, Apple, Apple Dipped in Peanut Butter, Cantaloupe, Watermelon, Clementine, Orange Slices, Strawberries, Blueberries, Sugar Snap Peas, Edamame, Raisins

**Snacks:**

Popcorn, Sunflower Seeds, Pretzels, Cracker Chips, Granola Bars, Rice Cakes, Dried Fruits, Almonds, Trail Mix, Graham Crackers, Animal Crackers, Cashews, Pretzels, Craisins, Goldfish Crackers, String Cheese, Yogurt

**Dips & Spreads**

Veggies & Hummus, Veggies & Ranch, Veggies & Guacamole, Chips & Guacamole, Pita Bread & Hummus, Apple Dipped in Peanut Butter, Celery with Peanut Butter & Raisins, Celery with Cream Cheese, Bagel with Cream Cheese

**Kabobs & Wraps**

Turkey, Ham, Cheese, Cherry Tomatoes on a toothpick or kabob, Wrap with cream cheese, turkey and cucumber, Wrap with turkey, cheese and lettuce, Cheese Quesadilla with Guacamole, Turkey Roll Ups with Honey Mustard – sliced and placed on toothpicks, Lettuce Wrap – Spread 2 slices of turkey or ham with honey mustard and roll up into lettuce.

**Drinks**

Water, Gatorade



**Saturday, March 3, 2018**  
MANDATORY competition meeting 3:30 – 4:30pm!

**Friday, March 9 & Saturday, March 10, 2018**

Revolution competition:  
Baltimore Convention Center  
1 West Pratt Street  
Baltimore, MD 21201

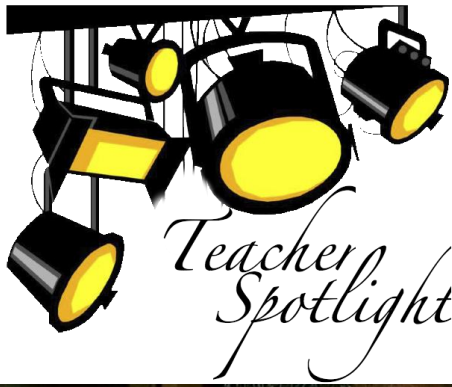
Competing Dances include:  
**GROUPS:** Annie, Are you ready for a Miracle, Bare Necessities, \*Drummer Boy, I am not a Label, \*Ice, JMob/Mob Squad, \*Jungle Boogie, KMob, the Purple Medley (Acro), Santa Baby, **Solos** Aubreia, Brooklynn Diamond, Diarra and Vaughnie. **Duets:** Goodie Goodie, I Like to Move It, Sasha and Malia and \*Where's My Amber Alert.  
**See page 2 of this newsletter for more detailed schedule information.**

**Tuesday, March 13, 2018**  
In10Sity competition fees are due!



**Saturday, March 31, 2018 – Friday, April 6, 2018**

MMDC will be CLOSED for Spring Break. Classes resume Saturday, April 7, 2018.



*Miss Sherelle*

#Teammmdc - Dance Hard or Go Home!

Meet our island girl, Miss Sherelle! At the age of eleven, Sherelle Morgan’s family roots from the islands of Trinidad & Tobago as well as Jamaica led to her enrollment in basic Caribbean dance classes in the Washington, D.C. area. After being trained for a year and a half in this style of dance, Sherelle’s love of the art and her thirst to further her dance education landed her on the doorstep of her neighborhood dance studio – StarBound Dance Center which was located in Lanham, Maryland.

While enrolled at StarBound, Sherelle received years of training in tap, jazz and ballet in conjunction with attending a bi-weekly step dance class in her local church. Her ability to quickly pick up technique and choreography led the instructors and director of StarBound to request Sherelle be an instructors assistant. In 2006, Sherelle’s desire to dance led her to enroll in tap, jazz, ballet, lyrical and hip-hop classes at Making Moves Dance Collective. Recognizing the talents and abilities of this young dancer, the owners of MMDC offered Sherelle an instructor position. Now, Eleven years later, Sherelle is still instructing classes and sharing her passion and love for the art of dance with the MMDC students.



**Competitors are required to report 2 hours prior to the time listed below. Please make sure you are looking at highlighted time and not the “awards time” column.**

**Hair:** **High Bun** (This is plenty of notice. There is no reason all competitors should not be able to adhere to the high bun requirement). **Makeup:** Silver Glitter eyeshadow, black mascara, red lipstick, blush, crow’s feet and eye jewels. (Eye jewels will be available for purchase for those who need them).

Entry #	Day	Time	Routine	Awards Time
8	Fri	5:21pm	"Perm"	8:30pm
21	Fri	6:00pm	"I Slay"	8:30pm
41	Fri	6:58pm	"River"	8:30pm
48	Fri	7:21pm	"Purpose"	8:30pm
51	Fri	7:30pm	"Back Together"	8:30pm
66	Fri	8:17pm	"Workin Day and Night"	8:30pm
91	Sat	9:29am	"J-Mob"	12:15pm
100	Sat	10:04am	"Jungle Boogie"	12:15pm
106	Sat	10:29am	"K-Mob"	12:15pm
113	Sat	10:59am	"Are You Ready For a Miracle"	12:15pm
115	Sat	11:08am	"Santa Baby"	12:15pm
120	Sat	11:26am	"Annie"	12:15pm
126	Sat	11:50am	"Drummer Boy"	12:15pm
138	Sat	1:50pm	"I Like to Move It"	5:00pm
144	Sat	2:08pm	"Goodie Goodie"	5:00pm
152	Sat	2:39pm	"Team Me"	5:00pm
171	Sat	3:57pm	"The Purple Medley"	5:00pm
176	Sat	4:16pm	"Ice"	5:00pm
181	Sat	4:38pm	"I am not a label:"	5:00pm
189	Sat	6:06pm	"Sasha and Malia"	9:00pm
199	Sat	6:36pm	"Dancing in the Sky"	9:00pm
229	Sat	8:08pm	"Where's My Amber Alert?"	9:00pm



**RESULTS! Congratulations to all of our amazing dancers and choreographers!**

Monet Mabry "Arms of the Angels" Adjudication: High Gold and <b>"Passionate Performance" Judges Award</b>	Choreographer: Miss Kellie
"Drummer Boy" Adjudication: High Gold and <b>Most Entertaining routine 11 and under</b>	Choreographer: Miss Kellie
"Are you ready for A Miracle?" Adjudication: Elite High Gold; <b>5th Overall Junior Small Groups</b> and <b>"Make em Laugh" Judges Award</b>	Choreographer: Miss Kellie
"Jungle Boogie" Adjudication: High Gold	Choreographer: Miss Kellie
"K-Mob" Adjudication: Elite High Gold and <b>2nd place OVERALL Bravo Petite Small Group</b>	Choreographer: Miss Amber
"Bare Necessities" Adjudication: High Gold and <b>3rd place OVERALL Bravo Petite Small Group</b>	Choreographer: Miss Amber
"I am not a label" Adjudication: Elite High Gold	Choreographers: Miss Kellie and Miss Ayanna
Aubreia Wise "Workin Day and Night" Adjudication: Elite High Gold	Choreographer: Miss Kellie
Diarra Parr "Back Together" Adjudication: Elite High Gold	Choreographer: Miss Kellie
Danielle Cash "No Air" Adjudication: High Gold	Choreographer: Miss Kellie
Diarra Parr "River" Adjudication: Elite High Gold and <b>"Strength and Fire" Judges Award</b>	Choreographer: Miss Ayanna
Brooklynn Johnson "Perm" Adjudication: Elite High Gold	Choreographer: Miss Kellie
"J-Mob" Adjudication: Elite High Gold and <b>Most Entertaining routine 12 &amp; up</b>	Choreographer: Mr. Diallo
"Ice" Adjudication: Platinum; <b>2nd place OVERALL Line</b> and <b>"Cool Chemistry" Judges Award</b>	Choreographers: Miss Amber, Miss Ayanna, Mr. Diallo, Mr. Josh and Mr. Stephen
Diamond Gaylor and Monet Mabry "Sasha & Malia" Adjudication: Elite High Gold and <b>"Terrific Tribute" Judges Award</b>	Choreographer: Miss Kellie



Photos from the HBCU Fashion Battle held 02/25/2018 at Flowers High School in Springdale, MD



Photos from BravO Competition held at CD Hylton High School in Woodbridge, VA

