

September 2020



MONTHLY MOVEMENT



October is officially MMDC Homecoming month and we have so many fun activities in store for the studio. Each week will have a theme and we are encouraging ALL of MMDC (Students, Staff, Parents, Siblings) to take part and join us in the month long celebration.

10/5 – 10/10 – Jersey Week (rep your favorite sports team!)

10/12 – 10/17 – Pajama Week!

10/19 – 10/24 – Meme Week (Dress as your favorite meme!)

10/26 – 10/31 – Studio Spirit week (Wear your MMDC swag )



MAKING MOVES DANCE COLLECTIVE'S SANITIZATION + PPE SUPPLY DRIVE.

Our Nonprofit dance studio is working hard to help our children maintain a sense of normalcy. For years we have given back to the community by offering over \$225,000 in tuition scholarships to students in need. Today we ask our community to donate any of the following:

- Masks
  - Disinfectant sprays/cleaners
  - Antibacterial Liquid Soap
  - Cash donations via Cash App to \$TeamMMDC or Paypal at <https://paypal.me/makingmovesdc>
  - Hand Sanitizer
  - Disinfectant wipes
- DONATION RECEIPT AVAILABLE UPON REQUEST**

[www.makingmovesdc.org](http://www.makingmovesdc.org)



- Dancers attending in person will not be admitted without a completed waiver being submitted.
- Dancers with classes in Studios 1 and 2 will enter through the front door and exit the side door. Please do not just come in the studio upon arrival. Please form a line outside and maintain social distance until you are called in for temperature check. Dancers with class in Studio 3 will enter and exit through the Studio 3 door.
- Upon entry, dancers are to sanitize their hands, remove their shoes and wait for the teacher to grant them entry into the classroom. Once in the room, they should put their belongings in a cubby and proceed to a marked dance space.
- The dressing room is closed for the foreseeable future. Your dancer should have on their dance attire under their Street wear so they can just remove their Street clothes and place them in their cubby.
- If your dancer uses the restroom, they should thoroughly wash their hands, dry them and then sanitize when re-entering the class. The bathroom will be sanitized after every use. The bathrooms have been labeled and split among the Ballet Academy and MMDC. MMDC will utilize bathroom B. It will be helpful of dancers use the restroom prior to arriving to keep that traffic to a minimum.
- Masks are required while in the building. NO EXCEPTIONS to this rule.
- Dancers who bring water are asked to bring disposable water bottles to eliminate germs that may be carried in on metal, reusable bottles.
- Studios will be cleaned and disinfected after every class to include: light switches, door knobs, speaker knobs, floors, any equipment used (barres, mats, etc).



We welcome you all to Season 15 at Making Moves Dance Collective. This season looks different than any other season has since we opened our doors in 2006.

The COVID-19 pandemic has altered the way we all go about everyday life; however, MMDC still remains committed to offering affordable, quality dance education in the DMV.

Whether your dancer is attending virtually or in person, rest assured they are receiving the absolute best dance training in the Washington Metropolitan Area.

MMDC's faculty is one of the most tenured and accomplished in youth dance education and we cannot wait to develop your dynamic dancers!

In these times where so much has been taken from our kids, we at MMDC are trying to give them a taste of normalcy. Whether you choose in person, or virtual classes, your dancer will be active, social, energized and engaged. We have invested a lot of time, money and energy into preparing the studio for both our in person and virtual dancers. We have also finished some projects we are so excited about. On top of the studio being safe, it looks amazing and we still have a few more surprises coming!

For our virtual dancers, in addition to upgrading our Wi-Fi bandwidth to assure smoother connections, each studio is now equipped with a large, flat screen television on a stand so that each teacher has clear visibility on remote dancers. In addition, we have invested in wireless headsets the teachers can use so that virtual learners can hear the instruction over any music that may be playing.



Congratulations to our newest competition team members and welcome back to our veterans!

We are looking forward to an amazing competition season this year!



Purchase your #TeamMMDC mask! On sale now and available at the front desk.

Masks are \$10 each.

Get yours today!



Keep your eyes open for our Double Good Popcorn Fundraiser. We will be launching it soon! This fundraiser is one hundred percent virtual. Customers order online and the product is delivered directly to their home!



**We're here.  
And we're ready.**



# Be a goal-getter!

Recreational and Competitive dancers – write your vision!

## MY DANCE GOALS

2020

NAME \_\_\_\_\_

STRETCH/FLEXIBILITY GOALS:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

WEEKLY GOAL: \_\_\_\_\_

TECHNIQUE GOALS:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

SHORT TERM GOAL: \_\_\_\_\_

COMPETITION GOALS:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

LONG TERM GOAL: \_\_\_\_\_